



Cancer treatment symptoms can last years after cancer is gone



Lisa Hunsicker, MD, FACS
Board Certified Plastic Surgeon

Dr. Lisa Hunsicker has spent more than a decade as a leader and pioneer in the breast reconstruction realm—helping restore hope to breast cancer patients facing the possibility of mastectomy by offering her direct-to-implant procedure. Completed in one step at the time of mastectomy, direct-to-implant offers patients the most direct path recovery, and provides shorter downtime and no need for multiple surgeries.

Now Dr. Hunsicker is also helping to alleviate post-cancer treatment side effects common with early onset menopause. If you're experiencing any of the following symptoms, Revalla may be able to address your concerns:



Colleen Berry
ARNP, FNP-BC

- Severely dry, rough or tight skin
- Sallow, ashy or grey-like complexion
- Skin irritated from radiation
- Clogged or congested pores
- Hyperpigmentation
- Acne that developed post-chemo
- Vaginal dryness and/or atrophy
- Pain during intercourse
- Incontinence
- Vaginal itching
- Low libido
- Hot flashes
- Problems sleeping
- Night sweats
- Mood swings
- Brain fog

More information about treatment offerings can be found on the back of this sheet or at Revalla.com. Schedule a consultation today to discuss your options as you navigate the lingering effects of cancer treatment: **720.283.2500**.

Specializing in:

- Direct-to-implant single-stage breast reconstruction
- Fat grafting reconstruction and revision
- Nipple reconstruction and tattooing
- Certified oncology aesthetics
- Bioidentical hormone replacement therapy
- MonaLisa Touch vaginal rejuvenation



Ruth Ann Roth
Certified Oncology and Medical Aesthetician

Revalla
Plastic Surgery & Medical Aesthetics
720.283.2500
7750 S. Broadway, Suite 150
Littleton, CO 80122
www.Revalla.com

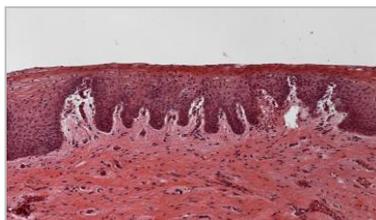
Unpleasant side effects of cancer treatment can linger years after the cancer is gone. If you or a cancer survivor you love has experienced bothersome symptoms as a result of cancer treatment, Revalla may be able to address your concerns. Some of the most common issues we treat are:

Vaginal Atrophy: Nonsurgical Vaginal Rejuvenation

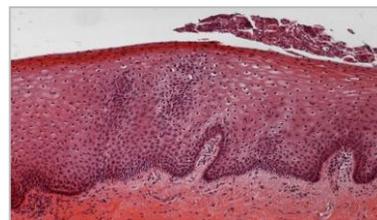
Millions of women experience gynecological changes after menopause—including vaginal dryness, incontinence, pain, itching, and discomfort during intercourse.

Revalla now offers MonaLisa Touch in-office treatments to bring patients the latest in non-hormonal based relief with a 5-minute in-office procedure. It's painless and requires little to no downtime. While most patients need at least three initial treatments, patients usually report symptom improvement within weeks after the initial procedure.

MonaLisa Touch



Vaginal Mucosa Before,
with beginning stages of
vaginal atrophy



Vaginal Mucosa After 2
Treatments with
MonaLisa Touch

Bioidentical Hormone Replacement Therapy

Menopausal symptoms can be quite severe in breast cancer survivors for whom estrogen therapy is contraindicated. Studies have shown statistically significant improvement in the following menopausal symptoms using Testosterone therapies: depression, irritability, anxiety, hot flashes/sweating, exhaustion, joint/muscular pain, sleep problems, vaginal dryness, incontinence, and low libido.

Testosterone, in combination with anastrozole (an aromatase inhibitor) has also been found to be safe to use in breast cancer survivors—showing no increases in breast cancer recurrences and no adverse events. Working in conjunction with patients' oncologists, Revalla offers bioidentical hormone replacement therapy via pellets to help alleviate lingering effects of cancer therapies such as chemotherapy and hormone-based therapies which send patients into early onset menopause or underscore their current menopausal symptoms.

Certified Oncology Aesthetics

Depending on the type of cancer and the treatment course, patients often suffer from various skin problems. For many, skin becomes dry, inflamed, red, itchy, or extremely sensitive, and many commonly used skincare products can exacerbate symptoms instead of alleviating them. Revalla's Medical Aesthetician, Ruth Ann Roth, is proud to be specialty-certified in Oncology Aesthetics—a relatively new field that recognizes the particular challenges cancer patients face.

Taking the time to familiarize herself with your diagnosis, therapies, and symptoms, Ruth Ann will develop a skin care treatment specific to your needs. Your customized plan can help prevent, relieve, and protect your skin from common symptoms of cancer therapies such as compromised skin function, dehydration, and mild inflammation.

Ruth Ann says that during her training she was reminded of the power of the healing touch. "The right skin care plan can serve as a great source of comfort," she says. "It's a healing and rejuvenating act that offers the patient an element of control, at a time when so much of their world is out of control."

Call Revalla today to set up a consultation: 720.283.2500 or visit us at Revalla.com

Revalla
Plastic Surgery &
Medical Aesthetics